

2021 Dementia Prevention Conference Programme

28th October 2021, 8:30am - 5:00pm (AEDT)

<https://us02web.zoom.us/j/84571972992>

We acknowledge and pay respects to the Traditional Custodians of the land on which we meet.

Session 1	
8:30 - 8:40	Welcome and Acknowledgement of Country – Prof Kaarin Anstey
8:40 - 8:45	Introduce Keynote – Prof Nicola Lautenschlager
8:45 - 9:45	Keynote Presentation – Multidomain Lifestyle Intervention to Prevent Cognitive Decline and Dementia – Prof Laura D. Baker
9:45 - 10:00	BREAK
Session 2	
	Chairs: Prof Nicola Lautenschlager, Dr Nikki-Anne Wilson
10:00 - 10:20	The Colour Purple: The Role of Anthocyanins in Preventing Cognitive Decline – Prof Karen Charlton
10:20 - 10:40	How is Sleep Altered in Early Neurodegenerative Disease? Insights from Epidemiology, Clinical Research Neuroimaging – Prof Sharon Naismith
10:40 - 11:00	Physical Activity and Dementia Prevention: Establishing Evidence for Implementation – Dr Belinda Brown
11:00 - 11:15	Question & Answer Panel
11:15 - 11:30	BREAK
Session 3	
	Chairs: A/Prof Ruth Peters, Dr Lidan Zheng
11:30 - 11:50	Pharmacotherapy – Prof Ralph Martins
11:50 - 12:10	Promoting Physical Activity in Older, Inactive Adults at Risk of Cognitive Decline The INDIGO Study – A/Prof Kay Cox
12:10 - 12:30	Cognitive training for dementia prevention: Evidence meet practice – Dr Amit Lampit
12:30 - 12:45	Question & Answer Panel
12:45 - 1:30	LUNCH BREAK
Session 4	
	Chairs: Dr Terence Chong, Dr Kylie Radford
1:30 - 1:50	Dementia Risk Assessment: Conceptual Issues and Tool Development – Prof Kaarin Anstey
1:50 - 2:10	Public Health Strategies for Dementia Risk Reduction – Dr Maree Farrow
2.10 - 2.20	Question and Answer Panel
2:20 - 2:30	BREAK

Session 5 – Rapid Fire Presentations

2:30 -3:30	<p>Chairs: Dr Craig Sinclair, Dr Lidan Zheng</p> <ol style="list-style-type: none"> 1. Sedentary time and cognitive function in middle-aged and older adults: a systematic review and meta-analysis– Ms Kirsten Dillon 2. Blood-based DNA methylation of dementia-associated genes as potential biomarkers for dementia – Dr Peter Fransquet 3. The effects of cognition-oriented treatments and physical exercise on cognitive function in Huntington’s disease: A systematic review – Ms Katharine Huynh 4. The relationship between alcohol use and dementia: A combined analysis of prospective, individual-participant data from 15 international studies – Dr Louise Mewton 5. Computerized cognitive training in Parkinson’s disease: An updated systematic review and meta-analysis – Miss Nathalie Launder 6. Potential barriers to dementia risk reduction: An Australian survey – Dr Nikki-Anne Wilson
3:30 - 3:45	Reflections and IRNDP update – Prof Kaarin Anstey, A/Prof Ruth Peters
3:45 - 4:00	BREAK
Session 6 – Interactive Panel Discussion	
4:00 - 5:00	<p><i>“Why should we be concerned about dementia risk reduction now COVID-19 has become such a priority for individuals and health systems?”</i></p> <p>Chair: Prof Kaarin Anstey</p> <p>Panel: Prof Viviana Wuthrich, Prof Henry Brodaty, Dr Stephen Judd.</p> <p>Consumer representative: Mr Dubhglas Taylor</p>

Thank you for joining us!

The Dementia Centre for Research Collaboration (DCRC) is dedicated to reducing the risk of dementia for all Australians. We do this through funded projects that improve prevention efforts, assessment, timely diagnosis and optimal treatment. The DCRC is Funded by the Australian government through the National Health & Medical Research Council (NHMRC). The DCRC advances the NHMRC’s Strategic Roadmap for dementia research and Knowledge Translation.