



Bushland Place

MEMORY CARE UNIT COMMUNITY OWNED & OPERATED
2a Bushland Drive TAREE

HAPPY 3RD BIRTHDAY



FREE Respite Care

As part of our Birthday celebrations, we would like to give you an opportunity to take a break from caring for your loved one by offering **FREE Respite Care in our Memory Care Unit** to anybody assessed as requiring this care until the end of 2016.

for further information contact Bushland Place Supervisor, Kay Field
6592 0000

Email: admin@bushlandhealth.com.au

BUSHLAND PLACE AUXILIARY

ANNUAL GENERAL MEETING 2016

The ladies of the Bushland Place Auxiliary held their Annual General Meeting on Thursday 11th August with reports from the President Mrs Gill Brymner and the Treasurer Mrs Betty Wiseman.

Once again as in past years, the reports indicated just how successful a small group of enthusiastic and committed ladies can be when they combine their efforts and work towards the goal of helping others enjoy a better lifestyle.

Auxiliary funds are mainly raised through in house activities such as their Dutch Auctions and Raffles. All funds raised are used to provide items and or activities that make life that much better for the residents of Bushland Place and Karingal Gardens.

President Gill and Treasurer Betty were elected to return to their positions for the 2016/17 year of activities supported by Secretary Lyn Macinnis, Assistant Secretary Robyn Begg, with the Publicity Officers role shared by Jenny and Romney Low.

The Board of Directors and Executive congratulate the Auxiliary for their outstanding efforts and along with the residents, who benefit from the Auxiliary, thank all members for their contribution of time, effort and enthusiasm.

If you would like to work with this small and dedicated group of ladies please take time to join them in the Bushland Place Board Room for their monthly meeting held on the third Thursday of every month at 9.30am.

CAN A NEW UNSW RESEARCH STUDY WITH BUSHLAND HEALTH IMPROVE CARE FOR PEOPLE WITH DEMENTIA?

Up to 90 per cent of people with dementia will experience changed behaviours during the course of the condition. These behaviours are known as behavioural and psychological symptoms of dementia or BPSD.

Bushland Health Group has formed a research partnership with the Dementia Collaborative Research Centre (DCRC) at University of NSW, and the Dementia Training Study Centre (DTSC) at the University of Wollongong, to conduct a study looking at ways to improve the management of these behavioural and psychological symptoms of dementia. Researchers from Research Centre, which is led by the internationally respected Professor Henry Brodaty, were on site at the Karingal Gardens facility in late July.

Dementia practice education held onsite at the Karingal Gardens facility last year left the Centre's researchers with a very positive impression of the Bushland Health Group staff and management's commitment to good dementia practice. Project coordinator, Kim Burns, noted that "management had a demonstrated commitment to supporting staff to effectively manage residents presenting with these symptoms of dementia". Karingal Gardens staff are currently engaged in the eLearning modules of the Commonwealth funded Dementia Dynamics Toolkit.

Earlier this year the research team approached Bushland Health Group's Director of Care, Bernadette Burke, to determine their interest in participating in the study. Professor Brodaty commented, "This is

an excellent opportunity for a collaborative project between researchers and a committed Aged Care Provider such as Bushland Health Group at Karingal Gardens".

The study involved face-to-face staff training and follow up support via video conferencing to help staff develop and implement individualised strategies to manage these behavioural and psychological symptoms of dementia. Researchers will work with the facility to evaluate how Karingal Gardens staff adopt and implement the management strategies to deal with these behaviours, the effectiveness of video conferencing to support staff and enhance their knowledge and confidence in managing these symptoms, and whether the individually tailored strategies help reduce the behavioural and psychological symptoms in residents with dementia.

Generating new knowledge through research is just the first step. It is important that evidence-based information is communicated and incorporated into everyday care practices. This process of bridging the gap between 'what we know and what we do' is known as knowledge translation or KT. "Karingal Gardens is a great example of a team that is ready to be innovative" said Associate Professor Belinda Goodenough, Knowledge Translation Program Manager at the Dementia Training Study Centre, "they are using best evidence to invest in staff skills, and supporting Australian researchers to generate new evidence - to understand how we help other facilities implement similar interventions".

Bushland Health Group's mission is to provide the best care in the Manning Valley. Staff and relatives are very supportive of any initiative which results in improved care practices as well as better quality of life for those in their care. Director of Care, Bernadette Burke noted that "Our facility welcomes this opportunity to demonstrate our expertise and improve on what we are doing. This study aims to improve our understanding of dementia and consequently our dementia practice."

Resident Relative Comment

"I consented because I think more research is needed about dementia, especially the different types like Lewy bodies. It is a privilege to be part of this project. My husband would benefit from the project and the nurses would be better able to look after my husband and so would I."

KARINGAL GARDENS STAFF AND RESEARCHERS, RANMALIE JAYASINHA AND KIM BURNS (STANDING)



www.bushlandhealth.com.au

BUSHLAND HEALTH GROUP LIMITED

AGED CARE SERVICES for the residents of the MID NORTH COAST

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WILLS Bushland Health Group limited is a registered charity providing residential aged care services to the residents of the Manning Valley. Your consideration of our continuing need for financial support for our building programs for aged care facilities when preparing your Will would be appreciated.