

Rating Anxiety In Dementia – RAID

Patient's Name: _____ **DOB:** _____ **Hospital no:** _____

Rater's Name: _____ **Occupation :** _____

Patient's status at evaluation:

1. Inpatient. 3. Day hospital/day centre patient.
 2. Outpatient. 4. Other (specify): _____

Scoring system :

U. unable to evaluate. 0. absent. 1. mild or intermittent. 2. moderate. 3. severe

Rating should be based on symptoms and signs occurring during two weeks prior to the interview. No score should be given if symptoms result from physical disability or illness. Total score is the sum of items 1 to 18. A score of 11 or more suggests significant clinical anxiety.

			Score
<i>Worry</i>	1.	Worry about physical health.	
	2.	Worry about cognitive performance (failing memory, getting lost when goes out, not able to following conversation).	
	3.	Worry over finances, family problems, physical health of relatives.	
	4.	Worry associated with false belief and/or perception.	
	5.	Worry over trifles (repeatedly calling for attention over trivial matters).	
<i>Apprehension and vigilance</i>	6.	Frightened and anxious (keyed up and on the edge).	
	7.	Sensitivity to noise (exaggerated startle response).	
	8.	Sleep disturbance (trouble falling or staying asleep).	
	9.	Irritability (more easily annoyed than usual, short tempered and angry outbursts).	
<i>Motor tension</i>	10.	Trembling.	
	11.	Motor tension (complain of headache, other body aches and pains).	
	12.	Restlessness (fidgeting, cannot sit still, pacing, wringing hands, picking clothes).	
	13.	Fatigueability, tiredness.	
<i>Autonomic hypersensitivity</i>	14.	Palpitations (complains of heart racing or thumping).	
	15.	Dry mouth (not due to medication), sinking feeling in the stomach.	
	16.	Hyperventilating, shortness of breath (even when not exerting).	
	17.	Dizziness or light-headedness (complains as if going to faint).	
	18.	Sweating, flushes or chills, tingling or numbness of fingers and toes.	
<i>Phobias</i> (fears which are excessive, that do not make sense and tend to avoid-like afraid of crowds, going out alone, being in a small room, or being frightened by some kind of animals, heights, etc.). Describe.			
<i>Panic attacks</i> (feelings of anxiety or dread that are so strong that think they are going to die or have a heart attack and they simply have to do something to stop them, like immediately leaving the place, phoning relatives, etc.). Describe.			