BLESSED DEMENTIA SCALE

Patient Name: ___________________________________________ Date: ______________________
Rater Name: _____________________________________________

Instructions: Total incapacity in an activity is rated 1 and partial; variable or intermittent incapacity is awarded a half-point. Overall score ranges from 0 (normal) to 28 (extreme incapacity).

CHANGES IN PERFORMANCE OF EVERYDAY ACTIVITIES

Inability to perform household tasks
Inability to cope with small sums of money
Inability to remember shortlist of items (e.g., in shopping list)
Inability to find way about indoors
Inability to find way about familiar streets
Inability to interpret surroundings (e.g., recognize whether in hospital or at home; discriminate between patients, doctors, nurse, relatives, etc.)
Inability to recall recent events (e.g., recent outings, visits of relatives or friends to hospital, etc.)
Tendency to dwell in the past

CHANGES IN HABITS

Eating: _______ Sphincter control: _______
(0) = cleanly, with proper utensils
(1) = messily, with spoon only
(2) = simple solids (for example, biscuits)
(3) = has to be fed

Dressing: _______
(0) = unaided
(1) = occasionally misplaced buttons, etc.
(2) = wrong sequence, commonly forgetting items
(3) = unable to dress

CHANGES IN PERSONALITY, INTERESTS, DRIVE

Increased rigidity
Increased egocentricity
Impairment of regard of feeling for others
Coarsening of affect
Impairment of emotional control (for example, increased petulance and irritability)
Hilarity in inappropriate situations
Diminished emotional responsiveness
Sexual misdemeanour (arising de novo in old age)
Hobbies relinquished
Diminished initiative or growing apathy
Purposeless hyperactivity